FAIR HAVEN
Rape Crisis Center

Therapy Services

Free & Confidential

Fair Haven is now offering free outpatient therapeutic services to eligible clients.

I'm interested in clinical services.

Let's reach out to your victim advocate to fill out the clinical services referral form.

Clinical Mental Health Services are free and available while the client is actively receiving individual advocacy

**A referral or screen does not establish eligibility for psychotherapy, create a provider relationship, or guarantee an opening.*





But what is the difference between an Advocate and a Therapist?

Advocates are most helpful when survivors are accessing resources/systems, when they aren't sure what to do, or need help understanding how systems/resources work.

Therapists are most helpful when survivors want to process trauma and/or are having significant and pervasive trauma symptoms or mental health concerns. ***Both therapy and advocacy are crucial - but very different.***

Fair Haven Advocacy is...

- Crisis Intervenion and Emotional Support
- Resource Edcucation and Accompaniment
- Coping skills training

Therapy is..

- Processing trauma and imporving thought patterns
- Manage mental health diagnoses symptoms
- Long term psychological healing

For more information or to set-up an intake, please contact the Clinical Services Department
(219) 961-4357
ClinicalServices@FairHavenRCC.org